# **Gazenko Surgical & Cosmetics Center**

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**Vasculaze Post-Treatment Instructions**

These guidelines help reduce risk of post-treatment complications and improve your results.

It is normal to have slight redness and swelling immediately following treatment that will resolve over 24-48 hours. Next the area will resemble cat scratches for days 2-4 after treatment. It may itch during this time. Following that it is normal to have bruising which may be present for several weeks, even up to 8 weeks.

Moisturizer may be applied immediately after treatment if skin is intact.

For the next **4**-**7 days** **AVOID** vigorous activity, weight lifting, or sustained movement such as long walks or running. Avoid hot baths, hot tubs or rubbing/massaging the area for this time as well. It is recommended to rest today with leg elevated if possible.

For the next **3 weeks** **DO USE** sunblock (minimum SPF 30) in treatment area.

The number of treatments needed varies from 1-3 treatment sessions every 6-8 weeks. Larger, deeper veins may require additional treatment sessions for resolution. We do not recommend longer than 10 weeks between treatment sessions.

Prior to your next appointment please shave area within 24 hours. Ensure the treatment area is clean and free of any topical substances such as make up, moisturizers, or deodorant. Avoid any irritating topical agents for 3 days prior to treatment. Avoid blood thinning medications (if medically permitted) for 7 days prior to treatment.

\*\*\*Next appointment scheduled for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_@ \_\_\_\_\_\_\_\_\_\_\_\*\*\*