# **Gazenko Surgical & Cosmetics Center**

# 1010 W Main Street • Clarksville, AR 72830

# Phone: (479)705-2310 • Fax: (479) 705-2300 • GazenkoSurgical.com

**Lumecca Post-Treatment Instructions**

These guidelines help reduce risk of post-treatment complications and improve your results.

It is normal to have slight redness and swelling immediately following treatment that will resolve over 24-48 hours. You will notice that the treated lesions will become darker and rough days 2-5 after treatment. They will then fall off 5-8 days after treatment. Moisturizer may be applied after each treatment and make up may be applied immediately after treatment if there are no breaks in the skin. If area treated has natural hair growth this growth may be stunted for several months after treatment. It is not recommended to treat areas with tattoos or permanent makeup as this may cause burns to the skin or alterations in the appearance of tattoo or permanent makeup.

For the next **7 days** **DO** be very gentle with you skin and avoid exfoliating, scratching or picking at treated areas. Do not pick at or scrape the lesions as they get darker and rougher. Trying to remove these can lead to scarring and an undesirable result. Let them fall off naturally. Use a gentle soap during bathing.

For the next **3 weeks** **DO USE** sunblock (minimum SPF 30) in treatment area. You should also use sunblock the weeks prior to the next treatment. Treatments are more successful when your skin has less melanin or pigment.

The number of treatments needed varies from 2-5 treatment sessions every 3-4 weeks. Pigmented lesions (age spots, sunspots) usually require less sessions than vascular lesions.

Prior to your next appointment please shave area within 24 hours. Ensure the treatment area is clean and free of any topical substances such as make up, moisturizers, or deodorant. Avoid any irritating topical agents for 3 days prior to treatment. Avoid blood thinning medications (if medically permitted) for 7 days prior to treatment.

\*\*\*Next appointment scheduled for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_@ \_\_\_\_\_\_\_\_\_\_\_\*\*\*