# **Gazenko Surgical & Cosmetics Center**

# 1010 W Main Street • Clarksville, AR 72830

# Phone: (479)705-2310 • Fax: (479) 705-2300 • GazenkoSurgical.com

**Diolaz Post-Treatment Instructions**

These guidelines help reduce risk of post-treatment complications and improve your results.

It is normal to have slight redness and swelling immediately following treatment that will resolve over 24-48 hours. You may also notice swelling around the hair follicles. You may apply a over the counter hydrocortisone cream if this irritation persists or is bothersome. Moisturizer may be applied after each treatment and make up may be applied immediately after treatment when skin has returned to normal.

For the next **7 days** **AVOID** swimming in lakes, rivers, oceans, chlorinated pools. Be very gentle with you skin and avoid exfoliating, scratching or picking at treated areas. Use a gentle soap during bathing.

For the next **3 weeks** **DO USE** sunblock (minimum SPF 30) in treatment area. You should also use sunblock the 3 weeks prior to the next treatment. Treatments are more successful when your skin has less melanin or pigment.

The number of treatments needed for hair removal vary from 6-8 treatments every 6-8 weeks and depend on the hair type and location. 8-week interval for body hair such as legs, chest, stomach, and back. 6-week interval for arms, underarms, and bikini area. 4-week interval for face, neck, hands and feet, although hands and feet can be done at same time as arms and legs during combination treatment. The best time for additional treatment session is when hair regrowth is observed. As treatments progress you may notice it takes longer for hair to regrow. If you have no hair growth prior to your next scheduled treatment please call and we will schedule you for a longer interval. Hair removal is more successful when hair follicle is in its mature stage.

Moisturizers and makeup may be applied immediately.

Prior to your next appointment please shave area within 24 hours. Ensure the treatment area is clean and free of any topical substances such as make up, moisturizers, or deodorant. Avoid any irritating topical agents for 3 days prior to treatment. Avoid blood thinning medications (if medically permitted) for 7 days prior to treatment.

\*\*\*Next appointment scheduled for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_@ \_\_\_\_\_\_\_\_\_\_\_\*\*\*